

## EMDR Therapists in CT – Work with First Responders

### **Avon:**

Susan Engel, LCSW

Specialty:

860-269—3104

[sengellcsw@comcast.net](mailto:sengellcsw@comcast.net)

Insurance: Out of Network

### **Danbury:**

Kim Sharpe, MA., LADC

Specialty: Trauma and First Responders

203-778-2824

[SharpeKimberly@aol.com](mailto:SharpeKimberly@aol.com)

Insurance: BCBS/Aetna

### **Fairfield:**

Dawn Roy, LCSW

Specialty: Trauma and First Responders, Adults

203-331-7458

[dawnmroylcsw@gmail.com](mailto:dawnmroylcsw@gmail.com)

Insurance: Out of Network

### **Glastonbury:**

Kate Becker, LCSW

Specialty: Anxiety/Trauma/Addiction

860-841-7103

[katebeckerlcsw@gmail.com](mailto:katebeckerlcsw@gmail.com)

Insurance: most private insurance, Medicaid, Medicare

Robin Grant-Hall, Ph.D.

Specialty: First Responders, Trauma, PTSD, Couples, Adolescents, Adults

860-669-8765

[robingranthall@gmail.com](mailto:robingranthall@gmail.com)

Insurance: Anthem BCBS, all other insurances out of network

### **Greenwich:**

Susan Marcus, LCSW

Specialty: older adolescents and adults. Anxiety, depression, trauma

203-531-3327

[Susanmarchuslcsw@gmail.com](mailto:Susanmarchuslcsw@gmail.com)

Website: SusanJMarcus.com

Insurance: out of network

**Hartford:**

Jennifer Honen, PRC  
Specialty: PTSD  
860-570-4800  
jhonen36@comcast.net  
Insurance: Anthem BCBS

**Monroe:**

Cheryl Ball, LMFT  
Specialty: anxiety, depression, first responders, older adolescents and adults  
203-383-9872  
[personaldevelopmentllc@gmail.com](mailto:personaldevelopmentllc@gmail.com)  
Insurance: Anthem BCBS, Husky, Healthy CT

Lauren Goldstein, LCSW  
Specialty: First Responders  
203-362-9514  
[peaceofmindct@gmail.com](mailto:peaceofmindct@gmail.com)  
Insurance: Anthem, Aetna

**Old Lyme:**

Tabatha Maiorana, LADC, LCSW, Ph.D.  
Specialty: First responders, public safety specialist  
860-499-0663  
email: [TDForensics@yahoo.com](mailto:TDForensics@yahoo.com)  
Insurance:

**Ridgefield:**

Stacy Raymond, Psy.D.  
Specialty: PTSD, anxiety, depression, first responders  
203-493-0344  
[drstacyraymond@gmail.com](mailto:drstacyraymond@gmail.com)  
Insurance: BHC (Behavioral Health Consultants), applying now to Anthem BCBS,  
Aetna

**Sandy Hook:**

Deborah Augenbraun, PsyD  
Special area: anxiety disorders  
[203-809-1715](tel:203-809-1715)  
[drdebaugenbraun@charter.net](mailto:drdebaugenbraun@charter.net)  
Insurance: Aetna, Cigna, HUSKY, Blue Cross Blue Shield

Joanna Rosen, Psy.D.

Specialty: PTSD/trauma, anxiety, depression. Adolescents and adults  
203-482-9274

[Joannarosen.psych@gmail.com](mailto:Joannarosen.psych@gmail.com)

Insurance: Anthen, Aetna, Value Options

Bonnie C. Rumilly, LCSW

Specialty: teens, young adults, first responders, trauma  
203-426-8103. Schedules at Newtown Youth & Family Services

[brumilly@newtownyouthandfamilyservices.org](mailto:brumilly@newtownyouthandfamilyservices.org)

Insurance: through agency, call for info

**Stamford:**

Karen Alter-Reid, Ph.D.

Specialty: First responders, trauma, anxiety. Adults.  
203-329-2701

[karen.alterreid@gmail.com](mailto:karen.alterreid@gmail.com)

Website: [www.alter-reid.com](http://www.alter-reid.com)

Insurance: Accepts out-of-network

Michael Crouch, LCSW

Specialty: First responders, anxiety, depression, trauma, couples. Older  
adolescents and adults  
203-961-1152

Insurance: Out-of-Network, Medicare

Jeanette Trujillo, Psy.D.

Specialty: Trauma

203-912-2093

[jeanette.trujillo@ymail.com](mailto:jeanette.trujillo@ymail.com)

Insurance: Anthem BCBS/Aetna, Cigna, Tricare, Medicaid

**West Hartford:**

Susan E, Peterman, PhD

Specialty areas: PTSD, Depression, Anxiety, Eating Disorders, Relationship problems  
860-233-8111

[SusanEPetermanPhd@gmail.com](mailto:SusanEPetermanPhd@gmail.com)

Insurance: Out of Network

**Westport:**

Kate Wheeler, Ph.D., APRN

Specialty: Trauma & Dissociation  
203-919-1984

[kwheeler@fairfield.edu](mailto:kwheeler@fairfield.edu)

Insurance: Accepts Out of Network

**Winsted:**

Christeli Brunner, LCSW  
Specialty: Trauma/Addiction/Veterans  
860-806-1056  
[Christelib@sbcglobal.net](mailto:Christelib@sbcglobal.net)

Hope Payson, LCSW, LACD  
Specialty: Trauma/Addiction  
860-830-6439  
[hopepayson@sbcglobal.net](mailto:hopepayson@sbcglobal.net)  
[www.hopepayson.com](http://www.hopepayson.com)  
Insurance: Most private insurance, Husky, Medicare

**Westchester County, NY**

Patricia Fitzpatrick, LCSW  
Katonah  
Specialty: Trauma, Substance Abuse, Marital Conflict  
914-523-1473  
[tishf@aol.com](mailto:tishf@aol.com)  
Insurance: BCBS, United Healthcare, Aetna, Cigna, Value Options, MPV, Emblem, Medicare

Lisa Salvi, Ph.D.  
White Plains  
Specialty: Children, trauma  
914-819-7444  
[lisasalvi@icloud.com](mailto:lisasalvi@icloud.com)  
[www.lisasalviphd.com](http://www.lisasalviphd.com)  
Insurance: Private pay

**Wilton:**

Linda Rost, LCSW  
Specialty: First responders, trauma  
203-762-7970  
[lrost0411@gmail.com](mailto:lrost0411@gmail.com)  
Insurance: Out of Network

**\*\* If you are unsure of who to contact, please FIRST speak to one of the TRN coordinators: Karen Alter-Reid, Michael Crouch or Linda Rost. They will guide you to the most appropriate resource.**

**\*\*If you do not see a therapist in your area, please contact one of the coordinators listed above (Karen, Michael or Linda) as they are well connected throughout the State of CT as well as Westchester County.**

**\*\*Please do not be discouraged if you see a name of someone that you might wish to contact if they do not accept your insurance. Most, if not all of the providers are willing to work with you regarding FEES. THIS SHOULD NEVER GET IN THE WAY OF YOU RECEIVING CARE.**

**For any general questions or concerns, feel free to contact our coordinators at any time.**